



Academy

of Physical & Social Development

A Conversation About Grief and Loss

Who amongst us has not been impacted by the loss of someone in our lifetime? While we can point to the effect on us with the death of a cherished one, what about when the loss was of someone we felt ambivalent about but were nonetheless a powerful influence. Furthermore, many of us have had psycho-social losses which could be just as influential as death. These losses might include things like a divorce, catastrophic injury or being victim of a crime.

Losses can have a cumulative effect on our life and imprint the way we live, relate, parent and take perspectives. "The healing is in the talking" and to this end you are invited to attend this conversation as we explore the parameters of grief and loss in our lives.

Offered:

(Choose one)

Thursday, October 25th 6:30 – 7:45 P.M.

Thursday, November 1st 8:30 – 9:45 A.M.

Wednesday, November 7th 6:30 – 7:45 P.M.

Location:

The Academy, 425 Watertown St, Newton, Mass.

Fee:

\$20 / individual

\$30 / couple

Contact:

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